

WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

PLEASE KEEP SOCIAL DISTANCE

SUN	JULY 24	7TH SUNDAY AFTER PENTECOST After – Hospitality Rom 15:1-7 Mt 9:27-35 Tone 6 11:00 Divine Liturgy For All Our Parishioners and + Paul Oberhauser by Elisabeth Branden TODAY - we will have Blessing of Cars St. Elijah.
Tue	July 26	8: 30am For Our Parishioners and HGB Lee & Lindsay Peltier and Family by Paula Peltier
Wed	July 27	8:30am For Our Parishioners and HGB June Ann Hall by Mary Ann Drumtra MOLEBEN TO THE THEOTOKOS -Special Intention
Thu	July 28	8:30am For Our Parishioners and + John Labanish by Lisa Labanish Edwards After - Bible Study 6:00pm - ROSARY - Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
SUN	JULY 31	8TH SUNDAY AFTER PENTECOST After – Hospitality 1 Cor 1:10-18 Mt 14:14-24 Tone 7 11:00 Divine Liturgy For All Our Parishioners and + Carmine Edwards by Matthew & Lisa Edwards Happy JULY BIRTHDAYS 1st Tom McGraw; 2nd Ory Stefaniw; 6th Sasha Eckstein Kusno 6th Tony Kass; 13th Steve Margan; 13th Kevin Kelly; 14th John Alexander; 15th Hahn Falke; 19th Peter Margan; 28th Isadora Jane Collins All Are WELCOME, PLEASE ATTEND: On Wednesday, after Liturgy, Moleben to the Theotokos. On Thursday, after Liturgy, Bible Study, reflecting on Sunday's Gospel Reading

Prayer to Guardian Angel

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER
THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN

We have several faithful from Ascension who are in need of special prayer.

Some of those who need special prayer are:

Ann Harmeyer, Frank and Chris Janke, Mary Grace Dorsey, Ben Pawers, Betta Labanish, Betty May Hertz, Emma Bernier, Lolly Vinson, June McGraw, Darren and June Hall, Thank you. Fr. Alex

ADULT BIBLE STUDY

Bible Study is held on the first and third Tuesdays. The next Bible study will be on **Tuesday August 2** from 5:15 to 6:30 PM. The subject will be The readings will be from the Books of Ezra and Nehemiah. Please join us for great food and a wonderful conversation-based journey through Scripture! See Dr. Michael Lechman and Michael Bracelin for questions.

IN THIS HOUSE, WE BELIEVE

IN THE HOLY SPIRIT; THE HOLY CATHOLIC CHURCH; THE COMMUNION
OF SAINTS; THE FORGIVENESS OF SINS; THE RESURRECTION OF THE
BODY; AND LIFE EVERLASTING

PARISH ACTIVITIES: **All activities should be recorded on the
main calendar 2022 in the office.** Please write in the activity you
are responsible for and let Fr. Alex know the details so he can
include it in the bulletin

Adithia Kusno: On Sunday, the 7th of August at St Nicholas Shrine, Carpathian Village in Canadensis, PA, Bishop Kurt will tonsure and give Adithia Kusno minor orders of Candle Bearer, Reader and Cantor. Congratulations Adi – and God bless you on this first step of your spiritual journey.

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps, local honey.

SPECIAL ORDERS WELCOMED.

FINANCIALS, July 17, 2022

Monthly Dues –0.00; Offertory –0.00; Candles-0.00;
In –0.00; Out –0.00

Attention all Parishioners, Visitors, and Guests: please do your part to help us keep the Social Hall clean. After Sunday Hospitality and Pot Lucks please make sure the table area where you were sitting is wiped clean. Also, please place your chair on top of the table.

Doing these things will be a big help and save much time in maintaining and keeping the floors clean. Thanks for your help and cooperation Fr. Alex

God bless America!!!

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

Candles for July :

Sanctuary...For Our Parishioners

Tetrapod... BRS + Bill Kelly by Ann Kelly

Theotokos & Child... HGB David Noonan by Chris Noonan

John Baptist... Kevin Kelly by Ann Kelly by Patty Duttry

St Nicholas... For Our Parishioners

Protection Theotokos... For Our Families

Christ Teacher...HGB Darren Hall by MaryAnn Drumtra

**** KITCHEN MAINTENANCE ****

HOSPITALITY- Scheduled person is responsible for setting up and cleaning up coffee and cakes according to the instructions in the coffee cabinet.

POT LUCK LUNCHES

It is **NOT** the responsibility of Hospitality to clean up after Pot Luck. **EVERYONE** is responsible and expected to share in the cleanup!! Remember to take your dishes/utensils home after pot luck. You can wash them in the kitchen or at home. Items left in the kitchen **will be** donated to Goodwill!

**FOOD AND/OR UTENSILS SHOULD NEVER BE LEFT
UNATTENDED IN THE KITCHEN!
ALL COUNTERTOPS MUST BE WIPED CLEAN.**

The Tale of Two Shepherds

There was once a good shepherd that tended a flock of sheep high on a mountain. The shepherd kept the flock safe from all danger and guided it to good pastures. Some of the sheep looked down into the valley and perceived lush pastures and streams. They could even see what appeared to be other sheep, and they wanted to go down into the valley. The shepherd kept them on the mountain saying that the air in the valley was not pure, the grass would not nourish them, and the water would not quench their thirst. He told the flock that the sheep they saw in the valley use to be part of their flock but had wondered off, lured by the temptations of the valley. The mountain shepherd said that these valley sheep were welcomed to rejoin the flock if they chose to, but seldom do they come back to the mountain because their lure of the valley is too great, and they would lose their way coming back. So, the flock remained on the mountain and prospered.

Then one day while the mountain shepherd was away, someone dressed like a shepherd appeared. The second shepherd was not like the first. He spoke fair and soothing words that appeased the flock. He told the flock that they were free to decide where they would go. “Look down in that valley. Why should you not graze there if you want? Look at your brothers in the valley. Are they not truly part of this flock? Go to them if you want. What is the harm? I will guide you, and we will walk along the same path to the valley below.”

Part of the flock said to themselves, we will do as this shepherd says. We will graze in the valley, drink of its water and breathe its air. We will be once again with those of our flock who will not return to the mountain. So, this part of the mountain flock went down from the mountain and into the valley below, led by the new shepherd. The way down was easy, and the path the shepherd took was not difficult. In no time at all the flock was in the valley.

Once in the valley, the flock found that the lush green vegetation they had perceived from the mountain was indeed sweet and pleasing but did not satisfy their appetite. The water in the valley steams was clear and cold but did not quench their thirst. The air was sweet smelling, but its smell put confusion into the flock. It was the smell of fear and doubt. The sheep that dwelt in the valley were confused and perverted in their manner. The flock from the mountain did not recognize them. These valley sheep immediately attempted to pervert the mountain flock so that

they would conform.

Worse, the flock found that the valley was inhabited by wolves, and all manner of beasts that came out at night to terrorize the sheep. The shepherd that led the mountain flock down into the valley now threw off his disguise, and he was found to be in the form of a great serpent with giant fangs that dripped poison. Indeed, it was from one of the fangs that dripped the poisonous words used to mislead the flock, and it was from the other fang that dripped the poison that caused him to appear as a shepherd.

He told the flock; “You have made your decision. You should now stay in the valley, but you are free to leave any time you want. You should know though that you have to find your way back to the mountain on your own, without a guide. Many have tried but all have failed. The way is long and hard. The shepherd of the mountain will not come to your aid here. He does not want you. You left him. Would it not be easier to just stay here in the valley? In time you will become accustomed to it.” And so, the beast crawled away, only to come out again at night to feed on the flock.

The flock then remembered the mountain shepherd’s wisdom and decided to return to the mountain. They tried many paths, but all led back to the valley. They toiled greatly to find a way. A few gave up and returned to the valley. Finally, the flock grew weary and were ready to despair. They said to themselves, it is hopeless without a guide. They called the mountain shepherd’s name and asked for forgiveness and help in finding their way back. At that moment the mountain shepherd was with them, tall, strong, reassuring. He was happy to see them and simply told them, “Follow Me.”

He gathered the sheep together and then led them by safe ways to the mountain where they had once dwelt. They asked the mountain shepherd, “The beast said you would not come.” The shepherd replied, “The beast is skilled in deception and deceit. Speaking pleasing words that gratify desire, and then confuse judgment, until those who listen to him become lost.” The sheep then asked the shepherd about the other sheep, why he does not rescue them? He replied that their exile is self-imposed. “No one is lost to me who wants to be found.”

Yours in Christ
Brother Joseph

Nothing but a Number

Japanese mountain climber Yuichiro Miura reached the summit of Mount Everest at age 70. George Brunstad was also 70 when he swam the English Channel. Naval officer Grace Hopper became the first female rear admiral of the United States Navy when she was 79. Margaret Haggerty completed her quest to run a marathon on each of the seven continents when she was 84.

If stories like these teach us anything, it's that senior adults are capable of amazing things.

That was certainly true of Joshua. Even though he was probably nearing the century mark, God had a plan for him. Age didn't matter to God. Rather than telling Joshua to rest, retire or step aside for a younger replacement, God instructed him to get to work.

Perhaps we should take a cue from God in our attitude toward older adults. From an early age most of us were taught to respect our elders. However, too often we confuse politeness for respect. What's the difference? Politeness might include offering a hand to senior adults when they struggle with steps or making awkward small talk with aging relatives at family gatherings. Respect, however, would include realizing that with their years of challenges and experiences these adults are a rich, God-given resource.

In this age of politically correct labels, perhaps a better name for senior citizens is "ultra-experienced adults." God entrusted Joshua with an important duty a quarter century after Joshua reached retirement age because of his vast military experience and knowledge.

Think of the older adults you know. How does God want to use them in your life? What experiences of theirs might benefit you? What life lessons have they learned that might keep you from making a bad decision? And what might you be able to learn from hearing their stories and asking for their advice?

To Take Away

- How would you describe your attitude toward senior adults?*
- Think of two or three seniors you know. What might getting to know them better add to your life?*
- What steps can you take this week to build a mutually beneficial relationship with an older adult?*

Psalm 1

Blessed are they who hope in the Lord.

Blessed the man who follows not
the counsel of the wicked
Nor walks in the way of sinners,
nor sits in the company of the insolent,
But delights in the law of the LORD
and meditates on his law day and night.

Blessed are they who hope in the Lord.

He is like a tree
planted near running water,
That yields its fruit in due season,
and whose leaves never fade.
Whatever he does, prospers.

Blessed are they who hope in the Lord.

Not so, the wicked, not so;
they are like chaff which the wind drives away.
For the LORD watches over the way of the just,
but the way of the wicked vanishes.

Blessed are they who hope in the Lord.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Messiah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 23

Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want.
In verdant pastures he gives me repose;
Beside restful waters he leads me;
he refreshes my soul.

Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths
for his name's sake.
Even though I walk in the dark valley
I fear no evil; for you are at my side
With your rod and your staff
that give me courage.

Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me
in the sight of my foes;
You anoint my head with oil;
my cup overflows.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me
all the days of my life;
And I shall dwell in the house of the LORD
for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Psalm 16

Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge;
I say to the LORD, "My Lord are you."
O LORD, my allotted portion and my cup,
you it is who hold fast my lot.

Keep me safe, O God; you are my hope.

I bless the LORD who counsels me;
even in the night my heart exhorts me.
I set the LORD ever before me;
with him at my right hand I shall not be disturbed.

Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices,
my body, too, abides in confidence;
Because you will not abandon my soul to the nether world,
nor will you suffer your faithful one to undergo corruption.

Keep me safe, O God; you are my hope.

You will show me the path to life,
fullness of joys in your presence,
the delights at your right hand forever.

Keep me safe, O God; you are my hope.

Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple,
and give thanks to your name.

Your right hand saves me, O Lord.

Because of your kindness and your truth,
you have made great above all things
your name and your promise.
When I called, you answered me;
you built up strength within me.

Your right hand saves me, O Lord.

Your right hand saves me.
The LORD will complete what he has done for me;
your kindness, O LORD, endures forever;
forsake not the work of your hands.

Your right hand saves me, O Lord.

The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD,
praise the name of the LORD.
Blessed be the name of the LORD
both now and forever.

The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun
is the name of the LORD to be praised.
High above all nations is the LORD;
above the heavens is his glory.

The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high
and looks upon the heavens and the earth below?

The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust;
from the dunghill he lifts up the poor
To seat them with princes,
with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

Psalms 104

Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul!
O LORD, my God, you are great indeed!
How manifold are your works, O LORD!
the earth is full of your creatures.

Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever;
may the LORD be glad in his works!
Pleasing to him be my theme;
I will be glad in the LORD.

Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish
and return to their dust.
When you send forth your spirit, they are created,
and you renew the face of the earth.

Lord, send out your Spirit, and renew the face of the earth.

Psalms 11

The LORD is in his holy temple;
the LORD's throne is in heaven.
His eyes behold,
his searching glance is on mankind.

The just will gaze on your face, O Lord.

The LORD searches the just and the wicked;
the lover of violence he hates.
For the LORD is just, he loves just deeds;
the upright shall see his face.

The just will gaze on your face, O Lord.

Psalms 103

The Lord has established his throne in heaven.

Bless the LORD, O my soul;
and all my being, bless his holy name.
Bless the LORD, O my soul,
and forget not all his benefits.

The Lord has established his throne in heaven.

For as the heavens are high above the earth,
so surpassing is his kindness toward those who fear him.
As far as the east is from the west,
so far has he put our transgressions from us.

The Lord has established his throne in heaven.

The LORD has established his throne in heaven,
and his kingdom rules over all.
Bless the LORD, all you his angels,
you mighty in strength, who do his bidding.

The Lord has established his throne in heaven.

Psalm 15

He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice;
who thinks the truth in his heart
and slanders not with his tongue.

He who does justice will live in the presence of the Lord.

Who harms not his fellow man,
nor takes up a reproach against his neighbor;
By whom the reprobate is despised,
while he honors those who fear the LORD.

He who does justice will live in the presence of the Lord.

Who lends not his money at usury
and accepts no bribe against the innocent.
He who does these things
shall never be disturbed.

He who does justice will live in the presence of the Lord.

Exodus 15

Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant;
horse and chariot he has cast into the sea.
My strength and my courage is the LORD,
and he has been my savior.
He is my God, I praise him;
the God of my father, I extol him.

Let us sing to the Lord; he has covered himself in glory.

The LORD is a warrior,
LORD is his name!
Pharaoh's chariots and army he hurled into the sea;
the elite of his officers were submerged in the Red Sea.

Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them,
they sank into the depths like a stone.
Your right hand, O LORD, magnificent in power,
your right hand, O LORD, has shattered the enemy.

Let us sing to the Lord; he has covered himself in glory.

Psalm 69

Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp
where there is no foothold;
I have reached the watery depths;
the flood overwhelms me.

Turn to the Lord in your need, and you will live.

But I pray to you, O LORD,
for the time of your favor, O God!
In your great kindness answer me
with your constant help.

Turn to the Lord in your need, and you will live.

But I am afflicted and in pain;
let your saving help, O God, protect me;
I will praise the name of God in song,
and I will glorify him with thanksgiving.

Turn to the Lord in your need, and you will live.

“See, you lowly ones, and be glad;
you who seek God, may your hearts revive!
For the LORD hears the poor,
and his own who are in bonds he spurns not.”

Turn to the Lord in your need, and you will live.

Psalm 106

Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb
and adored a molten image;

They exchanged their glory
for the image of a grass-eating bullock.

Give thanks to the Lord, for he is good.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Give thanks to the Lord, for he is good.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Give thanks to the Lord, for he is good.

Psalm 99

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his footstool;
holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests,
and Samuel, among those who called upon his name;
they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them;
they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God,
and worship at his holy mountain;
for holy is the LORD, our God.

Holy is the Lord our God.

Psalm 95

If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;
let us acclaim the Rock of our salvation.

Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him.

If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides.

If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tested me;
they tested me though they had seen my works.”

If today you hear his voice, harden not your hearts.

Psalm 106

Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers;
we have committed crimes; we have done wrong.
Our fathers in Egypt
considered not your wonders.

Remember us, O Lord, as you favor your people.

But soon they forgot his works;
they waited not for his counsel.
They gave way to craving in the desert
and tempted God in the wilderness.

Remember us, O Lord, as you favor your people.

They forgot the God who had saved them,
who had done great deeds in Egypt,
Wondrous deeds in the land of Ham,
terrible things at the Red Sea.

Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his destructive wrath.

Remember us, O Lord, as you favor your people.

Psalm 97

The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice;
let the many islands be glad.

Clouds and darkness are round about him,
justice and judgment are the foundation of his throne.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD,
before the LORD of all the earth.
The heavens proclaim his justice,
and all peoples see his glory.

The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth,
exalted far above all gods.

The Lord is king, the Most High over all the earth.

To his people, and to his faithful ones,
and to those who put in him their hope.

The Lord speaks of peace to his people.

Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.

The Lord speaks of peace to his people.

The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and salvation, along the way of his steps.

The Lord speaks of peace to his people.

Psalm 85

The Lord speaks of peace to his people.

I will hear what God proclaims;
the LORD—for he proclaims peace